

Benches. Stride jump'g.  
Crash on - hi. spring off.  
Leap the gap.  
Run back + jump figure.

V + VI

MAR. 10.

1. Dopp'g m. alt. toe touch'g sides.  
turn'g & brid m. kn. bend'g (L+N)  
m. A. stretch'g sides & for'd.
2.  $\frac{1}{2}$  my. st. - Alt. ft. sides. m. (A)  
single A. swing'g from. + backw. (2)  
& single A. circ'g (5) (back side.)
3. Bl. leg. - Legs rise to centre, alt. (L)  
leg stretch overhead.
4. St. - Alt. leg lunge + A. stretch up. (A.T.)
5. Bl. leg. to L sitt. (A.B.D.)
6. St. - A's swing'g X + up. (U.D.)
7. Str. sitt. - T. spring'g toes + middle. (L.B.)
8. St. - 'Square swing'g. (A)
9. St. - Jump'g str. to st. Alt. ft. bent (L)
10. Bus - 1. Bl. leg. hds. + th. bar. Ch. miss'g. (U.B.)  
2. Hang'g - ft. swing'g overhead.  
(A.B.D.)  
3. Handstand.

Grade I.

Nineties.

Leaves - trees in wind.

Cars, aeroplanes.

Animals - cats, horses, dogs.

Walk on lines

Eskimos. Sledding & tobogganing & skating  
Hello 'un.

Indians

Dog with collar.

## Grade I.

## Games.

Squirrels in trees	N.	221.
Ran rabbit run	:	261
Brownies & fairies	:	261
Up the hanky	:	235
Sally over the water	:	241
Spider and fly	:	262
Cow go stink	:	228
Dog & bone	:	
Stand & sit	:	
Planning day	:	
Charlie over the water.	:	241
Chose the animal	:	
Pony-go-round	:	
Forest look-out	:	
Cat & rat	:	
Puss in the corner	:	
Islands (bands)	:	
Center chub	:	
Mice & holes	:	

Grade I.

Dances.

The Farmer in the Dell.

Nuts & Nog.

\* Did you ever see a Lame -  
Sometimes I'm Tall.

A - Hunting we will go.

\* I had a Little Sailboat.  
Looky bo.

London Bridge.

\* Bluebird

Little Ducks.

The Hound plumes the Nettle.

Stoop.

Toys.

Circle II.

Games.	N.	
Caint's cone.	260	
Go go stop	228	
Push the banty	235	
Squirrels in trees	221	
Hunter	221	
Circle chase	235	
What's the time, Mr. Fox.		
Cat & rat	233	
Frost look-out	224	
Sheep, sheep, come home	261	
Frog in the sea	P. 245.	
Centre club		
Colors.		
Stop jack	235	
Chasing over the water.	247.	
Two deep.		
Chasing over the water.		
Chase the animal round the circle.		
Dog & bone.		
Puss in corner.		
Islands (bands)		
Running day.		

Grade II

Tags.

Back to back.

Partner.

Dog with collar (band)

Stop

Equipment.

Bunting throwing & catching.

Open skipping

Ball bunting. (single & partner)

Condo II

Dances

Be Fairies in his Dell.

Tell you ever see a Lassie.

A-hunting we will go

\* I Had a Little Sailboat.

I see you

London Bridge.

Looky Loo

Carousel.

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\* Sing a Song of Sixpence

\* Elephants.

Grade III IV

Taze.

Partner  
Back to back.  
Shadow  
Dinbu  
~~Sukku~~



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